

# Carla Amthor

Focus on Caring is a devoted care company providing medical, emotional and family support during the time of care. Ensuring the highest level of commitment, care and support, we bring a measure of love, respect and understanding into the home of our clients. We provide for the client in the best environment, and we support the family members as well.

During a two-year window, we worked with a family dealing with Alzheimer's and cancer. Their response to our team was, "Thank you for becoming part of our family. We are better for the experience." WOW! We strive to assist people, provide quality care and support where needed, and we are grateful in the knowledge that we are successful in that path. Everyone at Focus works as a team to "Focus on Caring" and I can only say thank you to every person on my team that allows us to reach our goals every day.

Through tragedy, I have learned that life is short, precious, and should be well lived. My sister passed away suddenly at age 18 devastating my family. Ten years later, my brother suffered a brain injury. My brother was a champion, and with therapy was managing to go 60 feet with a walker. However, he needed to complete 1000 feet of hallway, plus two flights of stairs and back, to go home. The next day he accomplished this and set a bar that few can meet.

Today, my brother is operating at 100% of where he was before the accident. I now know that effort and hard work can accomplish anything. It may not be easy but take the opportunities presented to you and achieve the impossible.

There are lessons to be learned from life every minute. Some are those that we all talk about – the major lessons, the ones that shape us into the people we are. The smaller ones may sneak by unnoticed if we're not paying attention. In the process of deciding to venture out of my accounting shell and purchase Focus on Caring, I vacillated between whether I should or shouldn't. It was a tough decision – or so I thought, until I saw a plaque that read "Don't be afraid to go out on a limb because that is where the fruit is." I never looked back. I realized then that there are no missed opportunities; they just become someone else's opportunity. I encourage people to have a strong will, desire and a lack of fear of the unknown. Become an explorer and greet that new adventure. You never know where it will lead you!



Miko Photography

**Carla M. Amthor**  
President / Certified Management Accountant  
**Focus on Caring (2000) Inc.**, Calgary  
Phone: 403-264-3839  
Fax: 403-237-7666  
info@FocusonCaring.com  
www.focusoncaring.com

